Grief Grows Here Summit Travel Guide

Welcome to Raleigh! I am so honored to have you join us for the Grief Grows Here Summit. This guide is designed to support you as you prepare for travel and to help you navigate your time in the city with ease.



Event Location

The Glass Box
(Located Downtown Raleigh)
230 Fayetteville Street, 5th Floor
Raleigh, NC 27601

Parking:
Moore Square Parking Deck
233 S Wilmington St, Raleigh, NC 27601
Open 24 hours, located within about a two-block walk of the venue.

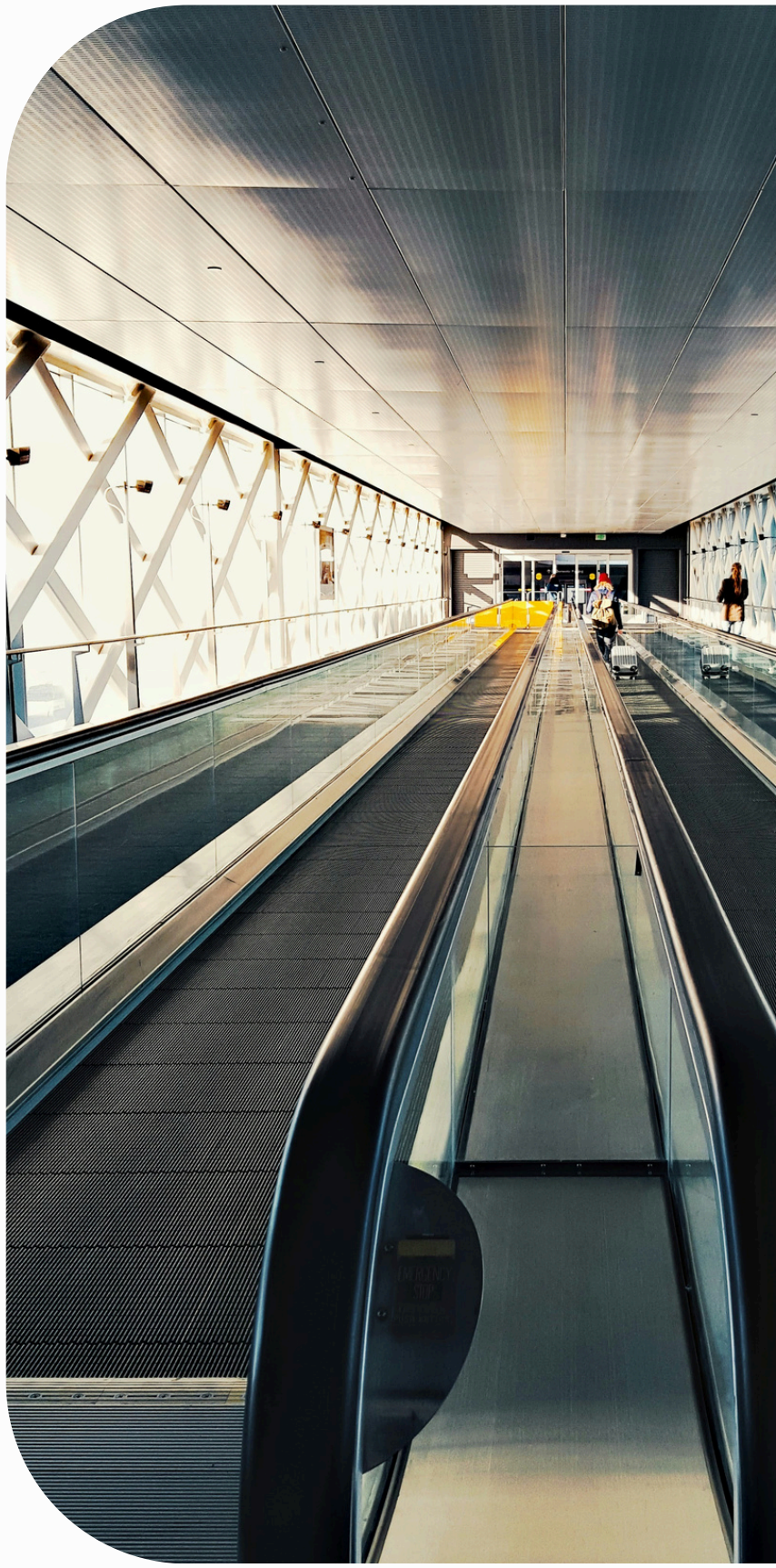
Wilmington Station Parking Deck
117 S Wilmington St, Raleigh, NC 27601
Open 24 hours and positioned close to downtown blocks.

Airport Information

Raleigh-Durham International Airport (RDU)
Located approximately 20–25 minutes from NC State University.

Transportation Options:

- Uber / Lyft (most convenient)
- Rental car
- Hotel shuttle (if applicable)



Recommended Hotels



The StateView Hotel
(Closest to NC State campus)
2451 Alumni Dr, Raleigh, NC 27606
https://www.marriott.com

Raleigh Marriott City Center
Downtown Raleigh
500 Fayetteville St, Raleigh, NC 27601
https://www.marriott.com

Tempo by Hilton
Downtown
200 W Davie St, Raleigh, NC 27601
https://www.hilton.com/

Nearby Coffee



Press Coffee & Cakes
400 Hillsborough St suite 108,
Raleigh NC
presscc.com

Jubala Coffee
301 Hillsborough St Suite 120,
Raleigh NC
https://www.jubalacoffee.com

Heirloom
219 S West St,
Raleigh, NC
https://www.heirloom-raleigh.com

Drift Cafe Ridgewood
3510 Wade Ave,
Raleigh, NC 27607
https://driftcoffee.kitchen

Willow House
1004 S Saunders St,
Raleigh, NC 27603
willowhousecoffee.com/

Recommended Restaurants

Quick Bites (near campus)
Bruegger's Bagels
Jubala Coffee
Sola Coffee Cafe

Casual Dining (Crabtree Valley Mall)
PF Chang's

Fleming's Prime Steakhouse & Wine Bar

Kanki Japanese Restaurant

Elevated Dining (Downtown)
Oak Steakhouse



Things to Enjoy
(If You Have Extra Time)



- **North Carolina Museum of Art** – world-class art and outdoor spaces
- **Pullen Park** – historic park with walking trails and playgrounds
- **DPAC** – Durham Performing Arts Center – check for concerts, theater, and live events nearby
- **Lenovo Center** – sports, concerts, and special events
- **Explore downtown Raleigh** – walkable shops, dining, and local sights

My Heart for This Gathering

The Grief Grows Here Summit is a safe, compassionate space where women navigating loss can encounter honesty, faith, and community. We're so glad you're here, your presence matters. This is a day to be seen, be heard, and connect with others who understand the journey of grief.

Thank you for taking this time for yourself. We can't wait to share this meaningful experience with you.

Sitting with you,

Natasha